

DRUM CIRCLE: A PARTICIPATORY DRUM AND PERCUSSION EXPERIENCE



Questions or to RSVP: Pat Harthun LCPC,
MT-BC (312) 835-7976.

When: Sunday, October 28th, 3pm-4:15pm

Cost: A \$10 donation to benefit upcoming
community events will be collected

Where: Beverly Therapists' office
10725 S. Western Ave., 2nd floor
Chicago, IL 60643

Drumming has been a part of the community experience throughout history. Modern day people have rediscovered the power of joining with others in a shared music making experience. Music increases the immune response, expresses emotion, stimulates the brain, and nurtures the spirit. This wellness activity will be led by a music therapist and does not require musical training. Space is limited.

